

REFERENCES

- Anonymus. (2009, October). *Becoming a Vegetarian*. Retrieved from Harvard Health Publishing: <http://www.health.harvard.edu>
- Anonymus. (2017, June 15). *Why Go Veg?* Retrieved from vegetariantimes: <http://vegetariantimes.com>
- Anonymus. (2019, November). *Kenapa Tiap Orang Punya Tingkat Toleransi Kepadasan yang Berbeda-beda?* Retrieved from Kumparan: <http://kumparan.com>
- Brazier, Y. (2020, January 20). *What to Know About the Vegetarian Diet*. Retrieved from MedicalNewsToday: <http://medicalnewstoday.com>