

CHAPTER III

RESEARCH METHODS

3.1. Research Method

In this study, quantitative descriptive methods are employed, encompassing data collection, processing, analysis, evaluation, and the formulation of recommendations regarding illuminance and light power density across various room types within UMN's C and D Towers. The comprehensive methodology for this research is outlined in Figure 3.1 below.

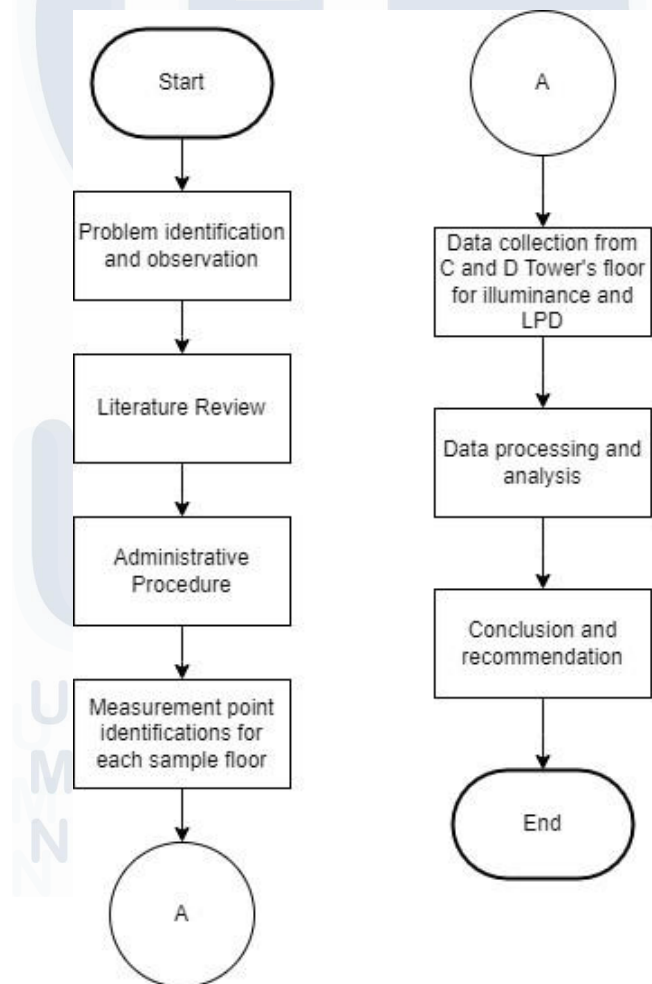


Figure 3.1 Research Method Flow Chart

3.2 Research Stages

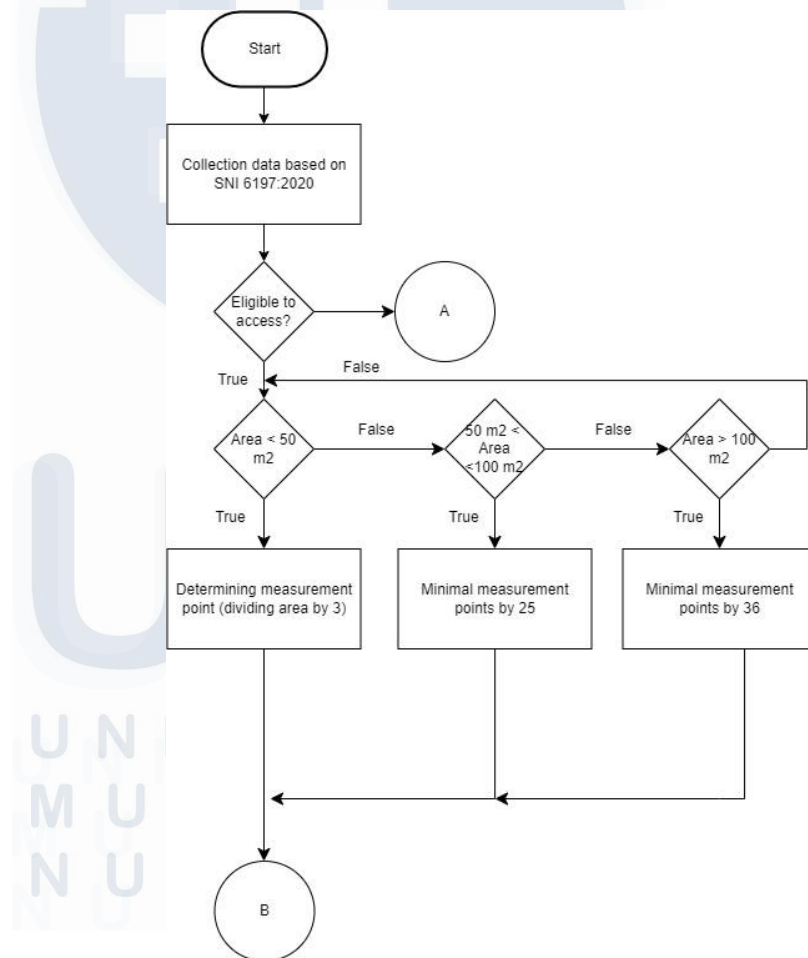
The research methodology's flow is delineated comprehensively through the following procedure:

1. Observing recent phenomena relevant to energy and carbon issues.
2. Identifying challenges associated with energy and carbon issues, particularly focusing on comfort and health aspects in buildings.
3. Narrowing down identified challenges to encompass visual comfort and health within building environments.
4. Strategizing and developing a research schematic, including selecting appropriate locations and timing by prevailing current conditions. The chosen location is UMN's C and D Towers, with the research scheduled from February to May 2024, covering specific time slots on days conducive to data collection.
5. Gather secondary data about visual comfort and health in building environments and categorize crucial information.
6. Identifying standards outlined in SNI and other relevant standards for visual comfort and health for buildings.
7. Conduct field surveys to delineate rooms and their respective functions, which will determine the final room samples from the C and D Towers.
8. Processing and finalizing administrative data for room access purposes.
9. Commencing data collection for illuminance and light power density, utilizing specialized instruments to measure illuminance at designated points within selected rooms, and collecting technical data for light power density (power usage and room area).
10. Organizing collected data into tables, calculating averages and standard deviations, and restructuring information into informative tables. The tables will be processed into graphs to help with visualization.

11. Analyzing the data through comparison with standards, drawing conclusions, and formulating recommendations to enhance visual comfort within the C and D Towers.
12. Compiling the research findings into a scientific article for publication.

3.3 Data Collection Technique

In this research, illuminance and light power density data are collected separately in simultaneous ways. The flow chart of the data collection technique can be shown in Figure 3.2.



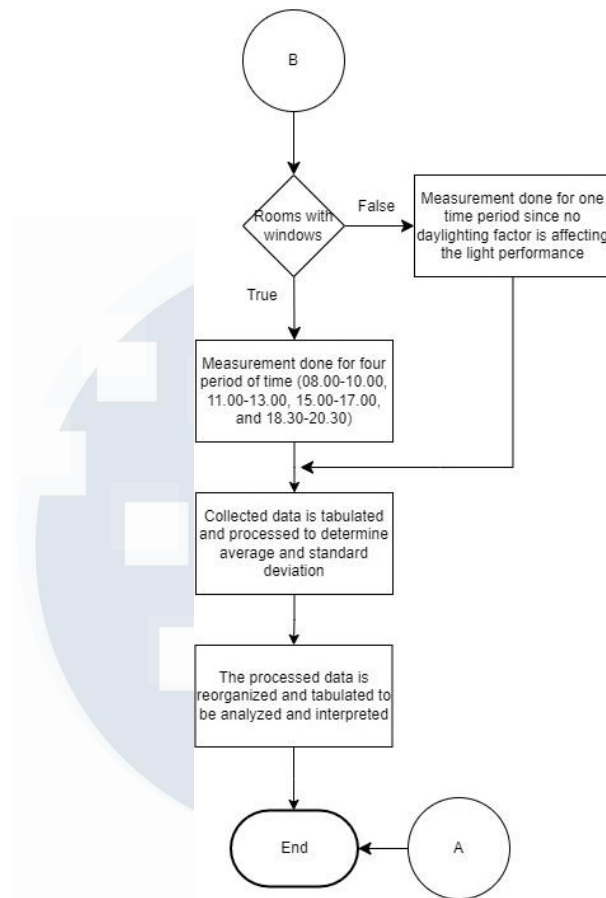


Figure 3.2 Flow Chart of The Data Collection Data Technique

To provide clearer understanding, each variable is elaborated as follows:

3.3.1 Illuminance Data Collection

Both C and D tower consists of classrooms, offices, storage, panel rooms, toilets, halls, and canteen as well as a parking area. Rooms within the C (New Media) and D (PK Ojong) Towers are appropriately categorized based on their designated functions and taken as sample as seen in Table 3.1.

Table 3.1 Selected Floor Sampling Data

| C Floor Level | Function | D Floor Level | Function |
|---|----------------------|----------------------|-------------------------------|
| Basement | Parking Area | Basement | Parking Area |
| 1 | Canteen | 1 | Hall |
| 2 | Office | 2 | Architecture Faculty |
| 3 | Class and Hall | 3 | Hotel Operations Faculty |
| 7 | Laboratory and Class | 5 | Laboratory |
| 10 | Laboratory and Class | 6 | Class |
| Total of C = 5 Floors out of 12 Total of D = 9 Floors out of 18 *Not including basement | | 7 | CollaboHub and Space |
| | | 8 | Class |
| | | 10 | Magister Class and Laboratory |
| | | 12 | Class |
| | | 15 | Class and Lounge |

Every floor will undergo comprehensive measurements for each room, excluding toilets and storage areas as their data collection is deemed less significant, although selected samples are taken. Each room's measurement points will be determined based on its area. The classifications include:

- Area below 50 m² = One point represents maximum by 3 m².
- Area between 50 m² and 100 m² = Minimum of 25 measurement points.

- Area above 100 m² = Minimum of 36 measurement points.

In this scenario, each selected room will be measured according to the previously established classifications. Tables 3.2 and 3.3, as a results for measurement, which the measurement points method is based on SNI 7062-2019, are included to outline the number of measurement points based on room areas. Notably, for toilets and storage areas below 50 m², the designated measurement points are 16 and 8, respectively.

Table 3.2 Measurement Points for Tower C

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|-------------|--|------------------------|--------------------|
| 1 | Basement | - | Parking Lot | 3607.21 | 36 |
| 2 | | - | Building Management Office | 72.40 | 25 |
| 3 | 1 | - | Canteen | 2855.70 | 36 |
| 4 | 2 | - | Student Service Office | 54.26 | 25 |
| 5 | | - | Career Development Center Office | 64.60 | 25 |
| 6 | | - | Research and Community Outreach Office | 66.32 | 25 |
| 7 | | - | Biro Informasi Akademik Office | 66.04 | 25 |
| 8 | | - | Student Support Office | 63.74 | 25 |
| 9 | | - | Student Development Office | 121.30 | 36 |
| 10 | | - | Finance Office | 37.61 | 25 |
| 11 | | - | Counselling Room | 17.23 | 16 |
| 12 | | - | Toilet | 43.35 | 25 |
| 13 | | - | Panel Room | 10.34 | 3 |
| 14 | | - | LPPM Office | 55.41 | 25 |
| 15 | | 9 | Storage | 63.45 | 25 |
| 16 | | - | Accounting and Tax Centre Office | 88.43 | 25 |
| 17 | | - | Lecturer Office | 114.84 | 36 |
| 18 | | - | International Office | 72.35 | 25 |
| 19 | | - | Kompas Corner | 54.55 | 25 |
| 20 | | - | ITC Gallery Room | 114.56 | 36 |
| 21 | | - | Class (Inactive) | 105.66 | 36 |

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|-------------|--------------------------------------|------------------------|--------------------|
| 22 | 3 | 1 | Class | 54.20 | 25 |
| 23 | | 2 | Class | 64.50 | 25 |
| 24 | | 3 | Class | 66.80 | 25 |
| 25 | | 4 | Class | 66.10 | 25 |
| 26 | | 5 | Class | 64.00 | 25 |
| 27 | | 6 | Class | 55.30 | 25 |
| 28 | | 7 | Class | 56.70 | 25 |
| 29 | | 8 | Class | 64.80 | 25 |
| 30 | | 9 | Class | 88.00 | 25 |
| 31 | | 11 | Class | 72.40 | 25 |
| 32 | | 12 | Class | 54.80 | 25 |
| 33 | | Halmahera | Meeting Room | 116.10 | 36 |
| 34 | | Saparua | Meeting Room | 116.60 | 36 |
| 35 | | 10 | Lecture Hall | 210.14 | 36 |
| 36 | 7 | 1 | Class | 102.57 | 36 |
| 37 | | 2 | Certified Ethical Hacker Laboratory | 113.34 | 36 |
| 38 | | 3 | Green Building and Energy Laboratory | 115.90 | 36 |
| 39 | | 4 | Green Building and Energy Laboratory | 105.30 | 36 |
| 40 | | 5 | Business Intelligent Laboratory | 105.26 | 36 |
| 41 | | 6 | Computer Laboratory | 116.26 | 36 |
| 42 | | 7 | BIM Laboratory | 114.69 | 36 |
| 43 | | 8 | Computer Laboratory | 104.81 | 36 |
| 44 | | 9 | News Graphic and Design Laboratory | 115.14 | 36 |
| 45 | | 10 | Computer Laboratory | 100.10 | 36 |
| 46 | | Toilet | Toilet | 43.09 | 16 |

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|-------------|----------|------------------------|--------------------|
| 47 | 10 | 1 | Class | 65.00 | 25 |
| 48 | | 2 | Class | 74.73 | 25 |
| 49 | | 3 | Class | 76.30 | 25 |
| 50 | | 4 | Class | 76.14 | 25 |
| 51 | | 5 | Class | 74.73 | 25 |
| 52 | | 6 | Class | 65.62 | 25 |
| 53 | | 7 | Class | 65.47 | 25 |
| 54 | | 8 | Class | 75.20 | 25 |
| 55 | | 9 | Class | 76.77 | 25 |
| 56 | | 10 | Class | 77.08 | 25 |
| 57 | | 11 | Class | 74.42 | 25 |
| 58 | | 12 | Class | 65.00 | 25 |
| 59 | | 13 | Class | 100.95 | 36 |
| 60 | | 14 | Class | 114.76 | 36 |
| 61 | | Storage | Storage | 24.49 | 8 |



Table 3.3 Measurement Points for Tower D

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|-----------------|-------------------------|------------------------|--------------------|
| 1 | Basement | Parking Lot | Parking Lot | 5829 | 36 |
| 3 | 1 | Lecture Theatre | Lecture Theatre | 490 | 36 |
| 4 | 2 | 1 | Studio | 92.5 | 25 |
| 5 | | 2 | Studio | 121.1 | 36 |
| 6 | | 3 | Studio | 117.2979 | 36 |
| 7 | | 4 | Studio | 125.1 | 36 |
| 8 | | 5 | Studio | 61.6 | 25 |
| 9 | | 6 | Lecturer Office | 61.8 | 25 |
| 10 | | 7 | Lecturer Office | 91.2 | 25 |
| 11 | | 8 | Studio | 93.3 | 25 |
| 12 | | 9 | Studio | 93.4 | 25 |
| 13 | | 10 | Studio | 92.1 | 25 |
| 14 | 3 | Lobby | Receptionist Room | 59.18 | 25 |
| 15 | | | Beverage | 169.7 | 36 |
| 16 | | | Laundry Laboratory | 74.05031 | 25 |
| 17 | | | Dry Storage | 21.36067 | 16 |
| 18 | | | Cold Room | 30.04733 | 16 |
| 19 | | | Washing Area | 28.62329 | 16 |
| 20 | | | Cooking Class 1 | 40.15805 | 16 |
| 21 | | | Cooking Class 2 | 154.0816 | 36 |
| 22 | | | Utensil Storage | 15.37968 | 16 |
| 23 | | | Baking Class | 85.58507 | 25 |
| 24 | | | Housekeeping Laboratory | 51.1 | 25 |
| 25 | | | Kelas 1 | 66.78768 | 25 |
| 26 | | | Kelas 2 | 107.3729 | 36 |
| 27 | | | Lecturer Office | 148.9551 | 36 |
| 28 | | | Gas Storage | 42.61 | 16 |

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|--------------|------------------------------|------------------------|--------------------|
| 29 | 5 | 1 | Macintosh Laboratory | 95 | 25 |
| 30 | | 2 | Multimedia Laboratory | 96.2 | 25 |
| 31 | | 3 | Computer Laboratory | 96.3 | 25 |
| 32 | | 4 | Computer Laboratory | 94.9 | 25 |
| 33 | | 5 | Spare Room | 63 | 25 |
| 34 | | 6 | Class | 96.8 | 25 |
| 35 | | 7 | Computer Laboratory | 97.1 | 25 |
| 36 | | 8 | Computer Laboratory | 95.2 | 25 |
| 37 | | 9 | Computer Laboratory | 94.28142 | 25 |
| 38 | | 10 | Computer Laboratory | 100 | 25 |
| 39 | | 11 | Computer Laboratory | 63.3 | 25 |
| 40 | | 12 | Computer Laboratory | 94.7 | 25 |
| 41 | 6 | 1 | Class | 96 | 25 |
| 42 | | 2 | Collaborative Learning Class | 96 | 25 |
| 43 | | 3 | Collaborative Learning Class | 96 | 25 |
| 44 | | 4 | Collaborative Learning Class | 96 | 25 |
| 45 | | 5 | Class | 96 | 25 |
| 46 | | 6 | Class | 61.8 | 25 |
| 47 | | 7 | Class | 96 | 25 |
| 48 | | 8 | Class | 96 | 25 |
| 49 | | 9 | Class | 96 | 25 |
| 50 | | 10 | Class | 96 | 25 |
| 51 | | 11 | Class | 96 | 25 |
| 52 | | 12 | Class | 63 | 25 |
| 53 | | 13 | Class | 63 | 25 |
| 54 | | 14 | Class | 100 | 25 |
| 55 | 7 | CollaboHub | Meeting Room | 163 | 36 |
| 56 | | CollaboSpace | Meeting Room | 63 | 25 |

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|-------------|--|------------------------|--------------------|
| 57 | 8 | 1 | Class | 62.4 | 25 |
| 58 | | 2 | Class | 96.28889 | 25 |
| 59 | | 3 | Class | 97.08889 | 25 |
| 60 | | 4 | Class | 96.71111 | 25 |
| 61 | | 5 | Class | 94.55556 | 25 |
| 62 | | 6 | Class | 64.4 | 25 |
| 63 | | 7 | Class | 61.8 | 25 |
| 64 | | 8 | Class | 94.82222 | 25 |
| 65 | | 9 | Class | 96.77778 | 25 |
| 66 | | 10 | Class | 98 | 25 |
| 67 | | 11 | Class | 96.11111 | 25 |
| 68 | | Toilet | Toilet | 44.89 | 25 |
| 69 | | Storage | Storage | 22.67 | 8 |
| 70 | 10 | 1 | Magister Ilmu Komunikasi Class | 96 | 25 |
| 71 | | 2 | MMT Class | 97 | 25 |
| 72 | | 3 | BIPA UMN Madya Class | 96 | 25 |
| 73 | | 4 | BIPA UMN Pemula Class | 96 | 25 |
| 74 | | 5 | Continuing Education Department Office | 64 | 25 |
| 75 | | 6 | IELTS Test Laboratory | 62 | 25 |
| 76 | | 7 | Class | 96 | 25 |
| 77 | | 8 | Class | 96 | 25 |
| 78 | | 9 | Class | 96 | 25 |
| 79 | | 10 | Class | 96 | 25 |
| 80 | | 11 | Class | 64 | 25 |
| 81 | | 12 | Inactive Room | 62 | 25 |
| 82 | | 13 | BIPA UMN Akhir Class | 62 | 25 |
| 83 | | 14 | Inactive Room | 100 | 25 |

| Number | Floor Level | Room Number | Function | Area (m ²) | Measurement Points |
|--------|-------------|------------------|--------------|------------------------|--------------------|
| 84 | 12 | 1 | Class | 62 | 25 |
| 85 | | 2 | Class | 97 | 25 |
| 86 | | 3 | Class | 96 | 25 |
| 87 | | 4 | Class | 96 | 25 |
| 88 | | 5 | Class | 96 | 25 |
| 89 | | 6 | Class | 62 | 25 |
| 90 | | 7 | Class | 62 | 25 |
| 91 | | 8 | Class | 96 | 25 |
| 92 | | 9 | Class | 96 | 25 |
| 93 | | 10 | Class | 96 | 25 |
| 94 | | 11 | Class | 96 | 25 |
| 95 | | 12 | Class | 62 | 25 |
| 96 | | 13 | Class | 62 | 25 |
| 97 | | 14 | Class | 100 | 25 |
| 98 | 15 | 1 | Class | 96 | 25 |
| 99 | | 2 | Class | 96 | 25 |
| 100 | | 3 | Class | 96 | 25 |
| 101 | | 4 | Class | 96 | 25 |
| 102 | | 5 | Class | 62 | 25 |
| 103 | | 6 | Class | 62 | 25 |
| 104 | | 7 | Class | 96 | 25 |
| 105 | | 8 | Class | 96 | 25 |
| 106 | | 9 | Class | 96 | 25 |
| 107 | | 10 | Class | 96 | 25 |
| 108 | | Student Lounge 2 | Meeting Room | 220 | 36 |

To enhance clarity, Figures 3.3, 3.4, 3.5, 3.6, 3.8, and 3.9 provide visual representations of the measurement point locations for various room types.

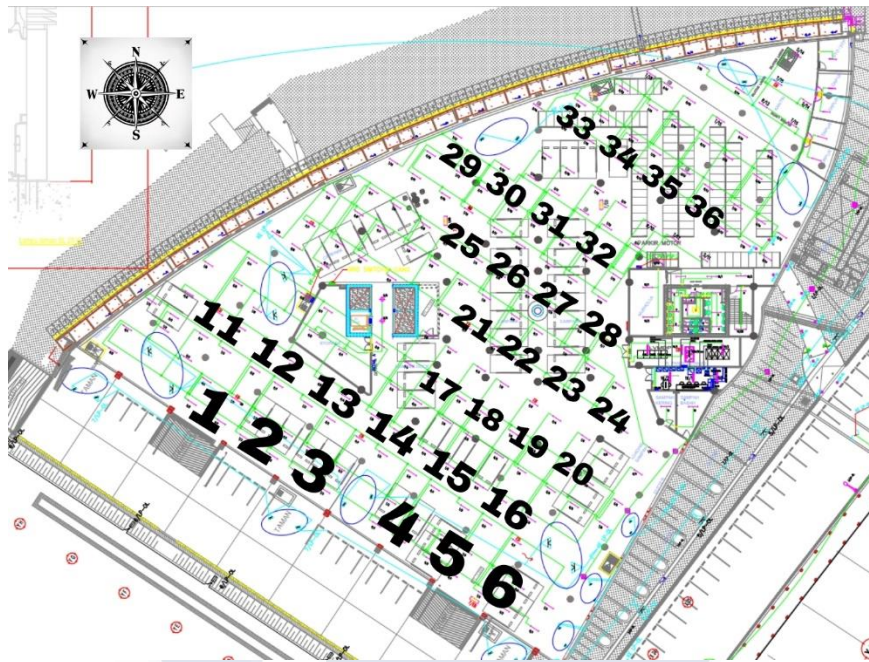


Figure 3.3 Tower C Basement Measurement Points

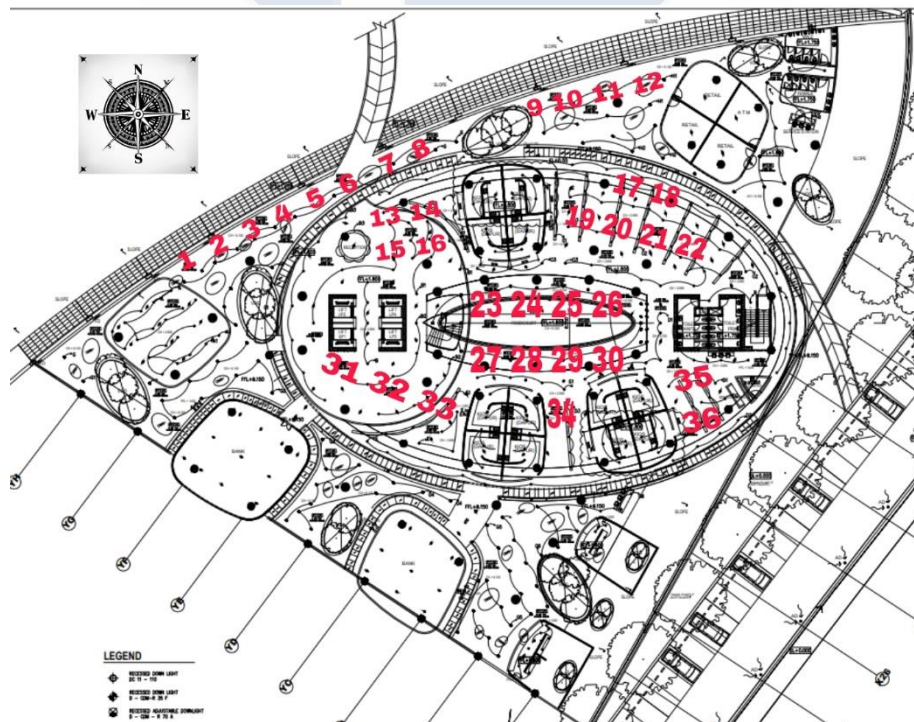


Figure 3.4 Tower C Canteen Measurement Points

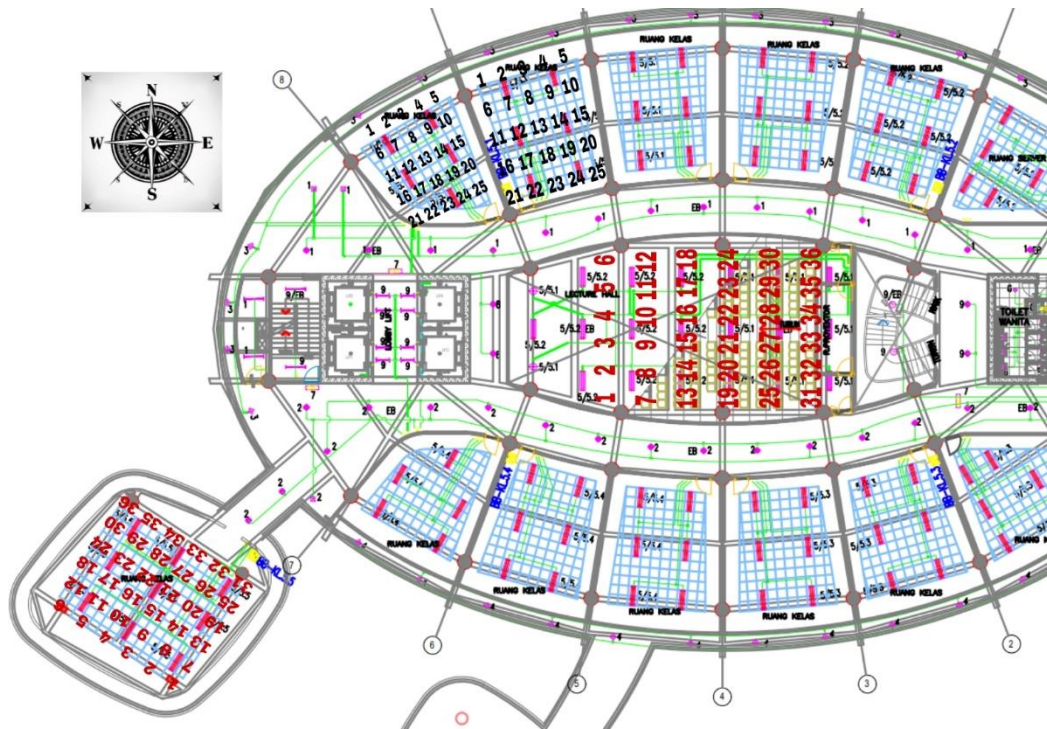


Figure 3.5 Tower C Class and Meeting Rooms Measurement Points in Third Floor



Figure 3.6 Tower C Laboratories Measurement Points in Seventh Floor



Figure 3.7 Tower D Basement Measurement Points

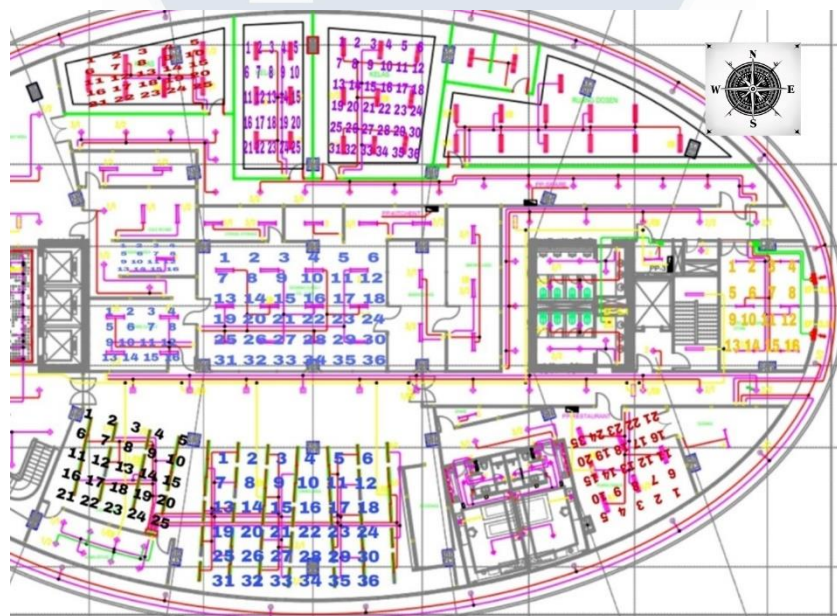


Figure 3.8 Tower D Hotel Operation Faculty Measurement Points in Third Floor

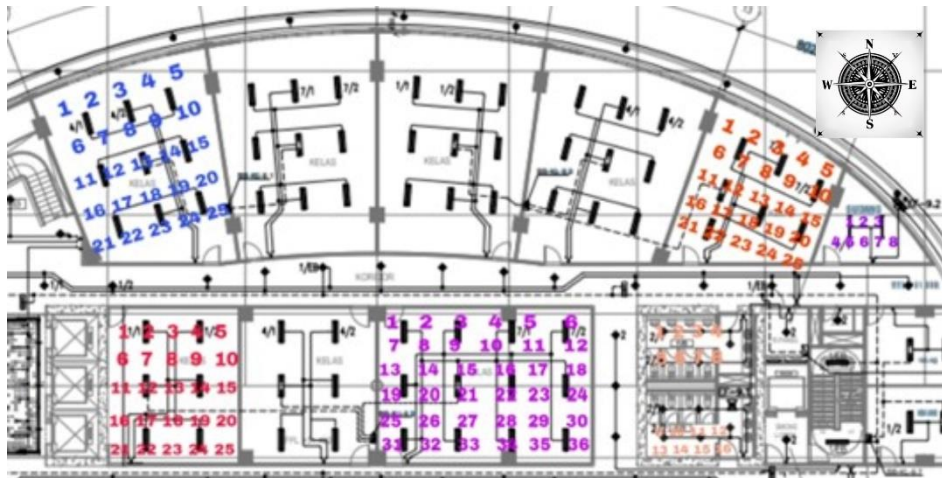


Figure 3.9 Tower D's Classes, Laboratories, Architecture Studios, Toilets, and Storage Measurement Points

The provided figures utilize distinct color codes to differentiate between different room usages. In Figure 3.5 for Tower C, black indicates classrooms while orange denotes meeting rooms (specifically, Halmahera and Lecture Hall). Moving to Tower D in Figure 3.8, purple signifies classrooms, light blue represents kitchen areas, dark blue signifies beverage rooms, black indicates receptionist areas, red denotes laboratories, and yellow symbolizes gas storage. Figure 3.9 illustrates the distribution of measurement points for various room types, a pattern that is largely consistent across floors containing classrooms, laboratories, studios, storage areas, and toilets in Tower D. Rooms labeled with blue, red, orange, and light purple numbers pertain to classrooms, laboratories, and studios with sizes of 96 m², 63 m², 63 m², and 100 m² respectively. Meanwhile, dark purple indicates storage areas, and cream denotes toilet measurement points.

Additionally, several factors outlined in SNI 7062-2019 must be taken into account during the measurement process, including [61]:

- Measurements are repeated 3 times at the same location points.

- Measurements must taken at a height of 0.8 m from the floor for general measurements
- The sensor of the lux/environment meter must be adjacent to the surface that is intended to be measured.
- The researchers position themselves to avoid light obstruction towards the sensor.
- The researchers should not wear reflective clothes that will disrupt the measurement result.

Moreover, this research will also use the equation from SNI 6197-2020 for comparison purpose which is shown in equation (1).

$$N = \frac{E_{average} \times A}{F_i \times K_p \times K_d} \quad (1)$$

which can be reorganized to form equations (2)

$$\frac{N}{A} (F_i \times UF \times MF) = E_{average} \quad (2)$$

to show the estimated E or illuminance (lux) in each selected room by collecting the specification data of the lamp used such as the luminous flux or F_i (lumen), utilization factor UF or K_p by 0.5, maintenance factor MF or K_d by 0.6, area or A (m^2), and number of lamps or N.

Utilization factors are influenced by various factors including light intensity distribution from luminaires, comparison of internal and external lamp luminaires, reflections from surroundings such as walls and floors, positioning (hanging or installed), and room dimensions. These factors contribute to values ranging from 0% to 100%, depending on the luminaire class and the percentage of light direction (up or down). For instance, assuming a direct-indirect setup with a utilization factor of 0.5. Maintenance factors encompass considerations like lamp surface and luminaire cleanliness, room surface cleanliness, losses in lamp operation, and output reduction due to voltage drops. Generally, well-maintained rooms have

maintenance factors between 0.6 and 0.9; for this research, a value of 0.6 will be utilized. Both values of UF and MF will be utilized for all rooms illuminance calculation with the sense as an anticipation for the least optimum conditions for the current lighting system in both towers.

The measurement instrument will rely on an environment meter for illuminance measurements, with data processing and visualization facilitated by Microsoft Excel. The obtained illuminance (E), both from manual measurements as depicted in Figure 3.10 and calculations will be compared to SNI 6197-2020 standards based on room function.



Figure 3.10 Measurement Documentation

3.3.2 Light Power Density Data Collection

Technical data is crucial for assessing light power density. This includes details such as the lamp type, its power rating, luminous flux, and the quantity of lamps used for illumination during activities. These data points will be gathered based on the specific conditions of each room, organized into tables, and then compared against the standards outlined in SNI 6197-2020. The methodology employed in this context is general.

3.4 Data Analysis Technique

In this research, the collected and organized data will undergo analysis. This process involves comparing the measured results with the standards specified in SNI 6197-2020 for illuminance and light power density, as detailed in Table 3.4. These standards are tailored to various room types, including offices, meeting rooms, parking lots, archive storage areas, classrooms, laboratories, computer labs, exhibition spaces, canteens, cleaning rooms, fine dining areas, lounges, toilets, reception areas, kitchens, eating spaces, and multipurpose rooms, among others.

Additional tools, such as tables, will be utilized to visually present the results and facilitate comparisons. The outcome of this analysis will indicate the proximity of the measured values to the established standards, providing insights into the necessity for enhancing visual comfort.

Table 3.4 Illuminance and Light Power Density Standard According to SNI 6197:2020 [22]

| Type of Room | Illuminance (Lux) | Light Power Density (W/m ²) |
|--------------------------|-------------------|---|
| Office | | |
| Working Room | 350 | 7.53 |
| Meeting Room | 300 | 7.53 |
| Drawing Room | 750 | 7.53 |
| Parking Lot | 100 | 7.53 |
| Archive Storage | 150 | 7.53 |
| Education Institute | | |
| Classroom | 350 | 7.53 |
| Laboratory | 500 | 7.53 |
| Computer Laboratory | 500 | 7.53 |
| Exhibition | 300 | 7.53 |
| Canteen | 200 | 7.53 |
| Parking Lot | 100 | 1.4 |
| Restaurant | | |
| Fine Dining Room | 30 | 8.61 |
| Lounge | 100 | 8.61 |
| Cleaning Room | 100 | 8.61 |
| Toilet | 200 | 8.61 |
| Hotel | | |
| Receptionist Room | 200 | 6.03 |
| Kitchen | 300 | 6.03 |
| Eating Room (Restaurant) | 250 | 6.03 |
| Multipurpose Room | 250 | 6.03 |

3.5 Research Limitation

This research is done with limitations as specified below:

1. The period of this research is not done periodically over a year but conducted from January 2024 to May 2024 as sampling data.
2. The research does not cover all floor levels and every room in UMN's Tower C and D since several areas are prohibited and not eligible for access. Thus, the researcher maximizes sampled floor levels and rooms with the hope of giving optimum outcome. The sampled floors for C Tower consist of basement, first, second, third, seventh, and tenth. Whilst for D Tower consists of basement, first (Lecture Theatre), second, third, fifth, sixth, seventh (CollaboSpace and CollaboHub), eighth, tenth, twelfth, and fifteenth.
3. Several technical data are also not accessible such as the exact number and specification for lamps that are currently installed in the canteen and basement as well as its areas (excluding tenants' part).
4. Elements of photometry are narrowed down to illuminance which does not consider glare factors.
5. The tool used in this research is DT-8820 Environment meter in which has been compared extensively with lux meters to provide similar outcome.
6. No simulation using software and surveys are done in this research since the intended highlights have been evaluation and assessment for illuminance and light power density condition on UMN's C and D existing lighting system compared to the SNI standard.

With time and manpower as well as the availability of access and technical data, detailed and careful conduction of this research can be done thoroughly to give the optimum outcomes. The desired outcome will serve as a layered basis that highlights specific information that can help UMN improve in readjusting the lighting system to support occupants' comfort.