

DAFTAR PUSTAKA

- Akhter, S. (2022). Key informants' interviews. In *Principles of social research methodology* (pp. 389–403). Springer Nature Singapore.
- Anrieta, K. (2020). Mass communications: From classics to the virtual models. *Journal of Sociology: Bulletin of Yerevan University*, 11(2), 59–69.
- Apata, O. E., Falana, O. E., Hanson, U., Oderhohwo, E., & Oyewole, P. O. (2023). Exploring the effects of divorce on children's psychological and physiological wellbeing. *Asian Journal of Education and Social Studies*, 49(4), 124–133.
- Arican-Dinc, B., & Gable, S. L. (2023). Responsiveness in romantic partners' interactions. *Current Opinion in Psychology*, 53, 101652.
- Blake, J. (2025). *Anxious attachment cure: Heal your inner child, overcome fear of abandonment, and build secure, loving relationships*. AB Publisher LLC.
- Brady, D. L., Saldanha, M. F., & Barclay, L. J. (2023). Conceptualizing forgiveness: A review and path forward. *Journal of Organizational Behavior*, 44(2), 261-296.
- Burgoon, J. K., Manusov, V., & Guerrero, L. K. (2021). *Nonverbal communication*. Routledge.
- Burns, M., Bally, J., Burles, M., Holtslander, L., & Peacock, S. (2022). Constructivist grounded theory or interpretive phenomenology? Methodological choices within specific study contexts. *International Journal of Qualitative Methods*, 21, 16094069221077758.
- Campbell, S., Greenwood, M., Prior, S., Shearer, T., Walkem, K., Young, S., & Walker, K. (2020). Purposive sampling: Complex or simple? Research case examples. *Journal of Research in Nursing*, 25(8), 652–661.
- Chambers, D., & Gracia, P. (2021). *A sociology of family life: Change and diversity in intimate relations*. John Wiley & Sons.
- Chew, S. Y., & Ng, L. L. (2021). Models of communication process. In *Interpersonal interactions and language learning: Face-to-face vs. Computer-mediated communication* (pp. 17–26). Springer.

- Chien, W. C., & Hassenzahl, M. (2020). Technology-mediated relationship maintenance in romantic long-distance relationships: An autoethnographical research through design. *Human–Computer Interaction*, 35(3), 240-287.
- Delgado, E., Serna, C., Martinez, I., & Cruise, E. (2022). Parental attachment and peer relationships in adolescence: A systematic review. *International Journal of Environmental Research and Public Health*, 19(3), 1064.
- Eikenberry, K., & Turmel, W. (2024). *The long-distance leader: Revised rules for remarkable remote and hybrid leadership*. Berrett-Koehler Publishers.
- Elhamsyah, G. V., & Rudianto, G. (2024). Consummate love valued by Sternberg's triangular of love reflected in "Sunrise in Heaven"(2019) movie: Psychological approach. *Jurnal Basis*, 11(1), 59–70.
- Erber, R., & Erber, M. W. (2024). *Intimate relationships: Issues, theories, and research*. Routledge.
- Eriksson, P. L., Wängqvist, M., Carlsson, J., & Frisén, A. (2020). Identity development in early adulthood. *Developmental Psychology*, 56(10), 1968.
- Eskisu, M. (2021). The role of proactive personality in the relationship among parentification, psychological resilience and psychological well-being. *International Online Journal of Education and Teaching*, 8(2), 797-813.
- Feldman, R. (2020). What is resilience: an affiliative neuroscience approach. *World Psychiatry*, 19(2), 132-150.
- Firdausi, N. I., Hotifah, Y., & Simon, I. M. (2020). Psychological dynamics of young people on broken home families. *Acta Counseling and Humanities*, 1(1), 31–41.
- Fitzpatrick, M. A., & Ritchie, L. D. (1994). Communication schemata within the family: Multiple perspectives on family interaction. *Human Communication Research*, 20(3), 275-301.
- Folger, J. P., Poole, M. S., & Stutman, R. K. (2024). *Working through conflict: Strategies for relationships, groups, and organizations*. Routledge.

- Ge, F., Park, J., & Pietromonaco, P. R. (2022). How you talk about it matters: Cultural variation in communication directness in romantic relationships. *Journal of Cross-Cultural Psychology*, 53(6), 583–602.
- Ghaleb, B. D. (2024). Towards a dynamic model of human needs: A critical analysis of Maslow's hierarchy. *International Journal of Multidisciplinary Approach Research and Science*, 2(3), 1028–1046.
- Goldberg, S., Yeshua-Katz, D., & Marciano, A. (2022). Online construction of romantic relationships on social media. *Journal of Social and Personal Relationships*, 39(6), 1839–1862.
- Gonchar, O. (2024). Enhancing business communication in multinational teams: a case study on refining business english curricula. *Studia Neofilologiczne Rozprawy Językoznawcze*, 20, 35.
- Grillo, H. M., & Enesi, M. (2022). The impact, importance, types, and use of non-verbal communication in social relations. *Linguistics and Culture Review*, 291–307.
- Guerrero, L. K. (2021). Attachment theory: A communication perspective. In *Engaging theories in interpersonal communication* (pp. 299–313). Routledge.
- Gupta, S. S. (2023). Explain the communication dynamics: Interpersonal and organizational perspectives. In *Media organization and management* (p. 21).
- Harwood, J. (2020). Social identity theory. In *The international encyclopedia of media psychology* (pp. 1–7). Wiley.
- Hertlein, K. M., & Chan, D. (2020). The rationale behind texting, videoconferencing, and mobile phones in couple relationships. *Marriage & Family Review*, 56(8), 739-763.
- Howe, D., & Betts, L. (2023). *Attachment across the lifecourse: A brief introduction*. Bloomsbury Publishing.
- Huang, M., Schmiedek, F., & Habermas, T. (2021). Only some attempts at meaning making are successful: The role of change-relatedness and positive implications for the self. *Journal of Personality*, 89(2), 175-187.

- Jayakobi, J. L., & Mun, S. J. (2022). Romantic relationship: The issues faced in a conflict among young adults. *Jurnal Psikologi Malaysia*, 35(3).
- Johnson, M. D., Lavner, J. A., Mund, M., Zemp, M., Stanley, S. M., Neyer, F. J., & Grob, A. (2022). Within-couple associations between communication and relationship satisfaction over time. *Personality and Social Psychology Bulletin*, 48(4), 534-549.
- Kelsey, G. J. (2022). *Pathway to freedom: Recovering from the toxic effects of unresolved trauma, marital abuse, and loss*. WestBow Press.
- Khajanchi, Y. Analyzing the types of non-verbal communication. *Communication media and society*, 26. Wisdom Press.
- Kim-Appel, D., & Appel, J. K. (2021). Bowenian family systems theory: Approaches and applications. *Foundations of couples, marriage, and family counseling*, 149-172. Wiley.
- Kobe, R. (2023). *From the heart*.
- Konadi, H., Burbana, M., & Sonia, A. D. (2024). Dampak keluarga broken home terhadap perilaku sosial anak. *Primary Education Journals (Jurnal Ke-SD-An)*, 4(2), 170–174.
- Kurniati, G. (2015). Pengelolaan hubungan romantis jarak jauh (studi penetrasi sosial terhadap pasangan yang terpisah jarak geografis sejak pacaran hingga menikah). *Jurnal Komunikasi Indonesia*, 4(1), 3.
- Li, P., & Ross, K. (2021). Validity of transformative experiences: An unfolding. *Qualitative Inquiry*, 27(3), 385–396.
- Lim, W. M. (2024). What is qualitative research? An overview and guidelines. *Australasian Marketing Journal*, 14413582241264619.
- Littlejohn, S. W., & Foss, K. A. (2011). *Theories of human communication*. Waveland Press.
- MacLeod, A., Burm, S., & Mann, K. (2022). Constructivism: learning theories and approaches to research. *Researching medical education*, 25-40. Wiley.
- Magolda, M. B. B. (2023). *Making their own way: Narratives for transforming higher education to promote self-development*. Routledge.

- Manusov, V. (2020). Interpersonal communication. In *The handbook of listening* (pp. 103–119). Wiley.
- Manusov, V., Stofleth, D., Harvey, J. A., & Crowley, J. P. (2020). Conditions and consequences of listening well for interpersonal relationships: Modeling active-empathic listening, social-emotional skills, trait mindfulness, and relational quality. *International Journal of Listening*, 34(2), 110–126.
- May, T., & Perry, B. (2022). *Social research: Issues, methods and process*. McGraw-Hill Education (UK).
- Murikkattu, N. E., Shah, D., Singh, N., Bhatia, M. S., & Sinha, A. (2024). The experiences of individuals in maintaining a long-distance relationship through social media. *World Journal of Advanced Research and Reviews*, 23(2), 2736-2743.
- Nowicki, S., & van Buskirk, A. (2022). Non-verbal communication: From good endings to better beginnings. In *Nonverbal communication in close relationships: What words don't tell us* (pp. 277–305). Springer International Publishing.
- Nursanto, M. (2024). Peran komunikasi fatis dalam hubungan interpersonal pada anak broken home di Desa Pangi-Pangi Kecamatan Poli-Polia Kabupaten Kolaka Timur. *Jurnal Ilmu Sosial Dan Pendidikan*, 2(3), 231-236.
- Nyimbili, F., & Nyimbili, L. (2024). Types of purposive sampling techniques with their examples and application in qualitative research studies. *British Journal of Multidisciplinary and Advanced Studies*, 5(1), 90–99.
- Obeid, S., Sacre, H., Haddad, C., Akel, M., Fares, K., Zakhour, M., & Hallit, S. (2020). Factors associated with fear of intimacy among a representative sample of the Lebanese population: The role of depression, social phobia, self-esteem, intimate partner violence, attachment, and maladaptive schemas. *Perspectives in Psychiatric Care*, 56(3), 486-494.
- Ogolsky, B. G., & Monk, J. K. (Eds.). (2020). *Relationship maintenance: Theory, process, and context*. Cambridge University Press.

- Oktariani, M. (2018). Pola komunikasi pasangan long distance relationship dalam mempertahankan hubungan melalui media sosial Line. *WACANA: Jurnal Ilmiah Ilmu Komunikasi*, 17(2), 193-200.
- Pandya, S. P. (2025). Work-related migration and couples in long-distance marriages: mindfulness, marital quality, satisfaction, and happiness. *Personal Relationships*, 32(1), e70002.
- Patterson, M. L., Fridlund, A. J., & Crivelli, C. (2023). Four misconceptions about nonverbal communication. *Perspectives on Psychological Science*, 18(6), 1388-1411.
- Petriglieri, G. (2020). F**k science!? An invitation to humanize organization theory. *Organization Theory*, 1(1), 2631787719897663.
- Pilarska, J. (2021). The constructivist paradigm and phenomenological qualitative research design. *Research paradigm considerations for emerging scholars*, 64-83. De Gruyter.
- Polk, D. M. (2022). Equity theory: Evaluating fairness. In *Theories in social psychology* (pp. 217–249). Wiley.
- Ramadhani, S., Sari, I. P., Hura, G. D., & Januario, T. R. (2024). Perbedaan komunikasi interpersonal antara remaja broken home dan remaja bukan broken home di SMP Al Washliyah 20 Medan. *Jurnal Psychomutriara*, 7(1), 1-8.
- Rasit, R. M., Ismail, S., Hamzah Murghayah, S. K. M., Usman, A. H., Md Ali, A. W., & Aini, Z. (2024). Development of a Muslim family communication model based on the madani society framework. *Pakistan Journal of Life & Social Sciences*, 22(2).
- Rempel, J. K., & Knox, C. (2025). Rebuilding trust in interpersonal relationships. In *Handbook of trust and social psychology* (pp. 109–129). Edward Elgar Publishing.
- Richter, M., Schlegel, K., Thomas, P., & Troche, S. J. (2022). Adult attachment and personality as predictors of jealousy in romantic relationships. *Frontiers in Psychology*, 13, 861481.

- Robledo, J. P., Cross, I., Boada-Bayona, L., & Demogeot, N. (2022). Back to basics: A re-evaluation of the relevance of imprinting in the genesis of Bowlby's attachment theory. *Frontiers in Psychology*, 13, 1033746.
- Rudeloff, C., Pakura, S., Eggers, F., & Niemand, T. (2022). It takes two to tango: The interplay between decision logics, communication strategies and social media engagement in start-ups. *Review of Managerial Science*, 16(3), 681–712.
- Rusady, M. V., Fauzi, A., Syamsul Bachri, A. T., Ballo, M. A., & Nuru, E. (2024). Conflict management strategies: Improving team performance through collaboration and communication (human resource management literature study). *Dinasti International Journal of Education Management & Social Science*, 5(5).
- Sahlstein, E. M. (2006). Making plans: Praxis strategies for negotiating uncertainty–certainty in long-distance relationships. *Western Journal of Communication*, 70(2), 147-165.
- Sanchez-Gomez, M., & Breso, E. (2020). In pursuit of work performance: Testing the contribution of emotional intelligence and burnout. *International Journal of Environmental Research and Public Health*, 17(15), 5373.
- Santos, K. da S., Ribeiro, M. C., Queiroga, D. E., Silva, I. A., & Ferreira, S. M. (2020). The use of multiple triangulations as a validation strategy in a qualitative study. *Ciencia & Saude Coletiva*, 25, 655–664.
- Sathyamurthy, M., Nair, V. V., & Mohamed, I. S. (2024). Interpersonal communication, emotional intelligence, conflict resolution, relational satisfaction among intimate partners. *Public Administration and Law Review*, 4(20), 65-72.
- Schrage, K. M., Maxwell, J. A., Impett, E. A., Keltnner, D., & MacDonald, G. (2020). Effects of verbal and nonverbal communication of affection on avoidantly attached partners' emotions and message receptiveness. *Personality and Social Psychology Bulletin*, 46(11), 1567–1580.

- Smith, K. K. (2021). Customer satisfaction and commitment: Considering relational investment and rapport in customer service interactions. *Journal of Consumer Satisfaction, Dissatisfaction and Complaining Behavior*, 34, 164–185.
- Solomon, D., & Theiss, J. (2022). *Interpersonal communication: Putting theory into practice*. Routledge.
- Stafford, L. (2010). Geographic distance and communication during courtship. *Communication Research*, 37(2), 275-297.
- Stanescu, R. S. (2023). Connecting the dots: The dynamics of communication in the digital era. *Annals of the University of Craiova for Journalism, Communication and Management*, 9(1), 122–126.
- Stauffer, K. A. (2020). *Emotional neglect and the adult in therapy: Lifelong consequences to a lack of early attunement*. WW Norton & Company.
- Stephany, K. (2022). *Cultivating empathy: Inspiring health professionals to communicate more effectively*. Bentham Science Publishers.
- Tania, A. S., & Nurudin, N. (2021). Self disclosure komunikasi antar pribadi pasangan jarak jauh dalam mempertahankan hubungan saat physical distancing era pandemic COVID-19. *Komuniti: Jurnal Komunikasi dan Teknologi Informasi*, 13(1), 1-15.
- Tracy, S. J. (2019). *Qualitative research methods: Collecting evidence, crafting analysis, communicating impact*. John Wiley & Sons.
- Uzun, G. Ö. (2020). A review of communication, body language and communication conflict. *International Journal of Psychosocial Rehabilitation*, 24(9), 2833-2844.
- Wallenburg, C. M., & Handfield, R. (2022). Social exchange theory. In *Handbook of theories for purchasing, supply chain and management research* (pp. 267–282). Edward Elgar Publishing.
- Watzlawick, P., Bavelas, J. B., & Jackson, D. D. (1967). *Pragmatics of human communication: A study of interactional patterns, pathologies, and paradoxes*. New York: Norton.
- Williams, H. (2021). The meaning of “phenomenology”: Qualitative and

- philosophical phenomenological research methods. *The Qualitative Report*, 26(2), 366–385.
- Wood, J. T. (2015). *Interpersonal communication: Everyday encounters*. Cengage Learning.
- Yulianti, Y., Rosantika, M. T., & Susanti, M. (2023). Identifikasi pola komunikasi dalam keluarga broken home. *Innovative: Journal Of Social Science Research*, 3(2), 6508-6516.
- Zamir, O. (2022). Childhood maltreatment and relationship quality: A review of type of abuse and mediating and protective factors. *Trauma, Violence, & Abuse*, 23(4), 1344–1357.